

NCS Athletics Results: Field events

2017

High Jump - Girls					
1. Each competitor gets 3 attempts at a height, time permitting					
2. Only the scissor jump style may be used by younger students,					
however, we will permit the "Fosby Flop" for older students,					
providing they know how to do it properly.					
High Jump	Monique Balfour		LW	2011	1.06
9-10 year old girls		Age	School	Place	Height
GREENWAY	Azariah	9	HS	2	1.87
Leaf	Kayla	9	OCS		
ROFFEY	Miriam	9	LW		
Yue	Fiona	9	OCS		
BROWNE	Natalie	10	LW	3	0.95
Hinsch	Estella	10	OCS	1	1.22
Polwart	Phebe	10	OCS		
McGOLDRICK	Summer	10	HS		
High Jump	Monique Balfour		LW	2014	1.28
11-13 year old girls		Age	School	Place	Height
CULLEN	Liana	11	HS	2	1.09
GILMORE	Tamsyn	11	LW	3	0.86
Leaf	Chloe	13	OCS	1	1.29

High Jump	Toni Bell		OCS	2012	1.50
14-15 year old girls		Age	School	Place	Height
CAVANAGH	Mary	14	LW	1	1.26
Daneiro	Tyga	14	OCS	3	0.96
Leaf	Tegan	14	OCS	2	1.13
McCarthy	Lilli	14	OCS		
Emery-Paraha	Majestic	15	OCS		
High Jump	Monique Balfour		OCS	2017	1.23
16+ year old girls		Age	School	Place	Height
Drinkwater	Tikvah	16	OCS	2	1.05
THOMAS	Bethany	16	LW	1	1.12

High Jump - Boys					
High Jump	Braden Leaf		OCS	2017	1.10
9-10 year old boys		Age	School	Place	Height
Cullen	Jireh	9	OCS	1	0.93
High Jump	Kharnse Namana		OCS	2012	1.40
11-13 year old boys		Age	School	Place	Height
BOWMAN	Ezra	11	LW		
Hampshire	John	11	OCS		
Leaf	Braden	11	OCS	3	1.09
Reid	Christopher	11	OCS		
WATSON	Sam	11	LW		
McGOLDRICK	Logan	11	HS	2	1.13
CULLEN	Nasah	13	HS	1	1.20
High Jump	Isaac Sunley		OCS	2013	1.50
14-15 year old boys		Age	School	Place	Height
Leaf	Tamati	14	OCS	3	1.00
Pedersen	Arjan	14	OCS		
Polwart	Joshua	14	OCS	1	1.22

PARTRIDGE	Joshua	15	LW	2	1.10
High Jump	Greg Blythen		OCS	2013	1.61
16+ year old boys		Age	School	Place	Height
DHEDA	Isaac	17	LW	1	1.39
GILMORE	Rowan	17	LW	2	1.06

Long Jump - Girls					
1. Each competitor gets 3 jumps, time permitting					
2. measure from the front of the board to the rear-most mark in the sand.					
3. Age 9-10 may use the striped mat instead of the white board.					
Measure from the front of the stripe they jump from					
Long Jump	Estella Hinch		OCS	2017	3.30
9-10 year old girls		Age	School	Place	Distance
GREENWAY	Azariah	9	HS	1	3.42
Leaf	Kayla	9	OCS	3	2.94
ROFFEY	Miriam	9	LW		
Yue	Fiona	9	OCS		
BROWNE	Natalie	10	LW		
Hinsch	Estella	10	OCS	2	3.18
Polwart	Phebe	10	OCS		
McGOLDRICK	Summer	10	HS		
Long Jump	Cloe Leaf		OCS	2017	4.11
11-13 year old girls		Age	School	Place	Distance
CULLEN	Liana	11	HS	2	3.18
GILMORE	Tamsyn	11	LW	3	2.33
Leaf	Chloe	13	OCS	1	4.01

Long Jump	Rosie Ferguson		LW	2014	3.87
14-15 year old girls		Age	School	Place	Distance
CAVANAGH	Mary	14	LW	2	3.34
Daneiro	Tyga	14	OCS	3	2.87
Leaf	Tegan	14	OCS	1	3.72
McCarthy	Lilli	14	OCS		
Emery-Paraha	Majestic	15	OCS		
Long Jump	Kelly Blythen		OCS	2009	3.70
16+ year old girls		Age	School	Place	Distance
Drinkwater	Tikvah	16	OCS	1	3.27
THOMAS	Bethany	16	LW	2	3.14

Long Jump - Boys					
Long Jump	Lee Taufa		OCS	2017	3.53
9-10 year old boys		Age	School	Place	Distance
Cullen	Jireh	9	OCS	1	2.89
Long Jump	Eric McKinstry		LW	2013	4.45
11-13 year old boys		Age	School	Place	Distance
BOWMAN	Ezra	11	LW		
Hampshire	John	11	OCS		
Leaf	Braden	11	OCS	2	3.53
Reid	Christopher	11	OCS		
WATSON	Sam	11	LW		
McGOLDRICK	Logan	11	HS	3	2.94
CULLEN	Nasah	13	HS	1	3.87
Long Jump	Eric McKinstry		LW	2015	4.90
14-15 year old boys		Age	School	Place	Distance
Leef	Tamati	14	OCS	1	3.91
Pedersen	Arjan	14	OCS		
Polwart	Joshua	14	OCS	2	3.62

PARTRIDGE	Joshua	15	LW	3	2.74
Long Jump	Matthew Bell		OCS	2013	5.20
16+ year old boys		Age	School	Place	Distance
DHEDA	Isaac	17	LW	1	4.62
GILMORE	Rowan	17	LW	2	2.74

SHOT PUT - Girls					
Shot Put Instructions:					
1. Each competitor gets 3 throws, time permitting. Use flags to					
measure three best throws.					
2. they must use the correct technique: a straight push, not a throw.					
3. Measure from the flag to the front of the circle, passing the tape					
through the centre of circle, to nearest cm.					
Shot Put: 2kg	Chloe Leaf		OCS	2015	6.14
9-10 year old girls		Age	School	Place	Distance
GREENWAY	Azariah	9	HS	1	3.50
Leaf	Kayla	9	OCS		
ROFFEY	Miriam	9	LW	3	
Yue	Fiona	9	OCS		
BROWNE	Natalie	10	LW		
Hinsch	Estella	10	OCS	2	
Polwart	Phebe	10	OCS		
McGOLDRICK	Summer	10	HS		
Shot: 3kg [white]	Sarah Powell		LW	2011	6.85
11-13 year old girls		Age	School	Place	Distance
CULLEN	Liana	11	HS	2	
GILMORE	Tamsyn	11	LW	3	
Leaf	Chloe	13	OCS	1	5.46

Shot: 3kg [white]	Harmony Nathan		OCS	2017	7.00
14-15 year old girls		Age	School	Place	Distance
CAVANAGH	Mary	14	LW	3	
Daneiro	Tyga	14	OCS	2	
Leaf	Tegan	14	OCS		
McCarthy	Lilli	14	OCS		
Emery-Paraha	Majestic	15	OCS	1	6.10
Shot: 3kg [white]	Morgan McKinstry		LW	2014	6.72
16+ year old girls		Age	School	Place	Distance
Drinkwater	Tikvah	16	OCS	2	
THOMAS	Bethany	16	LW	1	5.40

SHOT PUT - Boys					
Shot Put: 2kg	Kharnse Namana		OCS	2010	6.55
9-10 year old boys		Age	School	Place	Distance
Cullen	Jireh	9	OCS	1	4.25
Shot: 3kg (white)	Kharnse Namana		OCS	2012	10.09
11-13 year old boys		Age	School	Place	Distance
BOWMAN	Ezra	11	LW		
Hampshire	John	11	OCS	3	
Leaf	Braden	11	OCS		
Reid	Christopher	11	OCS		
WATSON	Sam	11	LW		
McGOLDRICK	Logan	11	HS	2	
CULLEN	Nasah	13	HS	1	5.30
Shot: 4kg (red)	Isaac Dheda		LW	2015	10.45
14-15 year old boys		Age	School	Place	Distance
Leef	Tamati	14	OCS	1	6.40
Pedersen	Arjan	14	OCS		
Polwart	Joshua	14	OCS	2	

PARTRIDGE	Joshua	15	LW	3	
Shot: 4kg red	Isaac Dheda		LW	2017	11.40
16+ year old boys		Age	School	Place	Distance
DHEDA	Isaac	17	LW	1	12.12
GILMORE	Rowan	17	LW	2	

DISCUS - Girls					
Discus Instructions:					
1. Each competitor gets 3 throws, time permitting. Use flags to					
measure three best throws.					
2. they may use any technique providing it is safe.					
3. Measure from the flag to the front of the circle, passing the tape					
through the centre of circle, to nearest cm.					
Discus: 750g	Tegan Leaf		OCS	2014	11.78
9-10 year old girls		Age	School	Place	Distance
GREENWAY	Azariah	9	HS	2	9.65
Leaf	Kayla	9	OCS		
ROFFEY	Miriam	9	LW		
Yue	Fiona	9	OCS		
BROWNE	Natalie	10	LW		
Hinsch	Estella	10	OCS	1	12.95
Polwart	Phebe	10	OCS	3	7.50
McGOLDRICK	Summer	10	HS		
Discus: 1kg	Tegan Leaf		OCS	2017	16.70
11-13 year old girls		Age	School	Place	Distance
CULLEN	Liana	11	HS	2	7.20
GILMORE	Tamsyn	11	LW	3	7.00
Leaf	Chloe	13	OCS	1	18.50

Discus: 1kg	Vicky Cullen		OCS	2014	18.39
14-15 year old girls		Age	School	Place	Distance
CAVANAGH	Mary	14	LW	2	16.40
Daneiro	Tyga	14	OCS		
Leaf	Tegan	14	OCS	1	16.65
McCarthy	Lilli	14	OCS		
Emery-Paraha	Majestic	15	OCS	3	13.30
Discus: 1kg	Vicky Cullen		OCS	2015	20.32
16+ year old girls		Age	School	Place	Distance
Drinkwater	Tikvah	16	OCS	1	13.30
THOMAS	Bethany	16	LW	1	13.30

DISCUS - Boys					
Discus: 750g	Kharnse Namana		OCS	2010	15.5
9-10 year old boys		Age	School	Place	Distance
Cullen	Jireh	9	OCS	1	7.30
Discus: 1kg	Kharnse Namana		OCS	2012	24.78
11-13 year old boys		Age	School	Place	Distance
BOWMAN	Ezra	11	LW		
Hampshire	John	11	OCS	3	13.15
Leaf	Braden	11	OCS		
Reid	Christopher	11	OCS	2	14.15
WATSON	Sam	11	LW		
McGOLDRICK	Logan	11	HS		
CULLEN	Nasah	13	HS	1	18.65
Discus: 1kg	Isaac Dheda		LW	2015	27.05
14-15 year old boys		Age	School	Place	Distance
Leef	Tamati	14	OCS	1	12.90
Pedersen	Arjan	14	OCS		
Polwart	Joshua	14	OCS	2	12.35

PARTRIDGE	Joshua	15	LW	3	11.50
Discus: 1.5kg	Isaac Dheda		LW	2017	26.87
16+ year old boys		Age	School	Place	Distance
DHEDA	Isaac	17	LW	1	31.30
GILMORE	Rowan	17	LW	2	11.65